



[LOVE/SEX]

create a living will

Living wills vary from state to state, so they are best drawn up with a lawyer. However, by filling out this document, naming an executor, and getting two to three witnesses, you can be covered in the meantime.

what is it?

A living will is a document designating what important health-care decisions can be made on your behalf should you be unable to make them yourself.

consider your options

Before putting everything in writing, answer these important questions:

	YES	NO	COMMENTS
Do you want your organs donated?	_____	_____	_____
If necessary, would you like to be resuscitated?	_____	_____	_____
Do you want to be kept alive by life support?	_____	_____	_____
Do you want all pain alleviated, even if it hastens death?	_____	_____	_____
Would you like to be fed/hydrated through a tube?	_____	_____	_____

name the executor

Determine who you want to be the executor of this will—the person who will make all of your health decisions if you are unable.

Executor _____

Relationship to you _____

Phone number _____

Address _____

Email _____

get witnesses

NAME SIGNATURE AND DATE

_____	_____
_____	_____
_____	_____

store your will

Give a copy of this file to your executor and witnesses. Keep copies in a safe place (computer desktop, file of important things) so they can be found easily. Make sure someone responsible and trustworthy knows where you've stored your important documents.

make it official

Don't forget to call an estate lawyer to draft an official living will that can't be disputed (this version might not hold up 100 percent if it were challenged). But with this version, your time with the lawyer will be much faster (think: low hourly fee).