



[DÉCOR]

spring cleaning

We know you don't want to do it, but at some point, you're going to be living in filth. Here's an idea: Turn cleaning into a friendly couple competition. Whoever earns the most points gets a back rub.

QUICK CLEANUPS (1 POINT PER TASK)

- run lemons through garbage disposal
- sanitize wastebaskets TIP: Don't just take out the trash, scrub the can too.
- sweep and mop behind fridge and stove
- sweep and hose garage
- wash doorknobs and drawer pulls
- vacuum behind heavy furniture and other hard-to-reach places
- clean under sinks in bathroom and kitchen
- shower our indoor plants

INITIALS

SCORE

GET OUT THE ELBOW GREASE (3 POINTS PER TASK)

- clean curtains and drapes
- sort files
- clean microwave, toaster oven, and other small appliances
- replace shower curtain liner
- wash windows inside and out
- vacuum and rotate mattress TIP: Twice a year, you should flip it end-to-end too.
- toss expired dry goods
- swap summer and winter wardrobes and get rid of any random hangers TIP: Designate piles for donation.
- deep clean your tub/shower

INITIALS

SCORE

OH WHAT A PAIN (5 POINTS PER TASK)

- clean oven
- change batteries in smoke and carbon dioxide alarms
- throw away rarely used or expired toiletries
- clean gutters
- clean upholstery
- fertilize lawn and container garden
- tune up lawn mower

INITIALS

SCORE

FINAL SCORE

HIS

HER
